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Deltona Parks & Rec hosting first health fair for entire family

June 5, 2012— On June 16, Deltona Parks & Recreation along with their sponsors, will host "Bee Healthy Deltona: A Community Health Expo" from 10 a.m. to 2 p.m., in the Commission Chambers at City Hall, 2345 Providence Blvd.

The expo is a one-day event designed to provide opportunities for all Deltona families to educate themselves on health and wellness related resources available to them both in and around Deltona. The expo will emphasize improved wellness and overall health for the entire family—including children, moms and dads and seniors.

Over 30 vendors from health care providers, wellness organizations, financial and retirement advisors and government liaisons will have showcases and offer giveaways and door prizes. Free massages, blood pressure, cholesterol and glucose checks will also be available.

The event is co-sponsored by Central Florida Regional Hospital, LAD Imaging, TD Bank and the City of Deltona. For additional information, contact Deltona Parks & Recreation, (386) 878-8900.

"It Starts in Parks"